



ROPSSAA NEWSLETTER

Region of Peel Secondary School Athletic Association

Issue 4

April 2017

WINTER SEASON

Hurray! Spring is in the air! We can now bid farewell to Old Man Winter, and say good-bye to winter jackets, mittens, hats, snow pants and boots for another year! I am sure you readers will agree that this is a most refreshing feeling. Even though we had to reschedule some of our games due to icy weather conditions, we were fortunate to have a successful Winter Sports Season through dedication and perseverance by everyone involved.

We are pleased to mention that ROPSSAA's new online procedures have been a success. Thank you coaches for listening, reading, following, and delivering. We remind you that Athletic Contacts and Athletic Convenors are available to discuss your ideas or suggestions for improving any ROPSSAA process.

Reading about ROPSSAA students' athletic achievements through success stories forwarded by our coaches, exposes our readers to a taste of the benefits gained by our students from sports participation. Participating in these extra-curricular activities, helps to build confidence, positivity in mental health, self-esteem and social life. In the long run, it leads to a balance lifestyle of each athletic student.

It is such a beauty to see the students of various cultural backgrounds team up in our championship playoffs! See Winter Season results on pages 2 and 3. The effort and sacrifice put out by coaches and students really pay off in the end!

As mentioned before, supporting students is our main goal.



Spring Season 2017 Important Dates and Deadlines

ROPSSAA

Transfer and Eligibility

Applicaton Deadlines

Friday, April 28, 2017 11:59pm

Application Approval Dates

Thursday, May 4, 2017

Executive Meeting Dates

Tuesday April 11, 2017

Tuesday May 9, 2017

Tuesday June 13, 2017

OFSAA

Transfer and Eligibility

Appeal Deadlines

Wednesday, April 5, 2017 11:59pm

Appeal Meeting Dates

Thursday, April 20, 2017

ROPSSAA Annual General Meeting

Thursday, June 22, 2017

Motions to change Constitution are due on Monday May 1, 2017.

Kindly submit to one of the Athletic Convenors

Congratulations!



Winter Sports ROPSSAA Team Champions

Sport	Category		ROPSSAA Champion
Alpine Skiing	Level One Girls		Mayfield
Alpine Skiing	Level Two Girls		Mayfield
Alpine Skiing	Level One Boys		Mentor College
Alpine Skiing	Level Two Boys		Mayfield
Alpine Skiing	Level One Combined		Lorne Park
Alpine Skiing	Level Two Combined		Mayfield
Basketball	Junior Boys	Tier 1	Brampton Centennial
Basketball	Junior Boys	Tier 2	Heart Lake
Basketball	Senior Boys	Tier 1	St. Marcellinus
Basketball	Senior Boys	Tier 2	Heart Lake
Basketball	A Boys		Philopateer Christian College
Basketball	AA Boys		Ste. Famille
Curling	Senior Open Boys		Heart Lake
Curling	Senior Open Girls		Mayfield
Curling	Senior Novice Mixed		Mississauga
Curling	Junior Novice Mixed		Mississauga
Curling	Junior Novice Girls		St. Martin
Hockey	Senior Boys	Tier 1	St. Martin
Hockey	Senior Boys	Tier 2	Robert Hall
Hockey	Senior Girls		Our Lady of Mount Carmel
Nordic Skiing	Junior Boys		Mayfield
Nordic Skiing	Junior Girls		Humberview
Nordic Skiing	Junior Overall Combined		Mayfield

Congratulations!



Winter Sports ROPSSAA Team Champions

Sport	Category	ROPSSAA Champion
Nordic Skiing	Senior Girls	Humberview
Nordic Skiing	Senior Boys	Mayfield
Nordic Skiing	Senior Overall Combined	Humberview
Special Events Bowling	Team Assisted	Applewood Heights
Special Events Bowling	Team Unassisted	Judith Nyman
Swimming	Junior Girls	St. Francis Xavier
Swimming	Senior Girls	Cawthra Park
Swimming	Junior Boys	St. Thomas Aquinas
Swimming	Senior Boys	Clarkson and St. Aloysius Gonzaga
Swimming	Overall Combined	Lorne Park
Swimming	Open	Lorne Park
Table Tennis	Boys	John Fraser
Table Tennis	Girls	Woodlands
Volleyball	Junior Girls	Streetsville
Volleyball	Senior Girls	Tier 1 St. Francis Xavier
Volleyball	Senior Girls	Tier 2 St. Marguerite d'Youville
Volleyball	A Girls	Brampton Christian Academy
Volleyball	AA Girls	Streetsville
Wrestling	Junior Boys	Turner Fenton
Wrestling	Senior Boys	Turner Fenton
Wrestling	Junior Girls	Turner Fenton
Wrestling	Senior Girls	Turner Fenton
Wrestling	Junior Overall	Turner Fenton
Wrestling	Senior Overall	Turner Fenton

Congratulations!

OFSAA Team Champions

Turner Fenton again wins OFSAA wrestling title! St. Martin's captures OFSAA Hockey title!

Open these links for more!

<http://www.bramptonguardian.com/sports-story/7173022-turner-fenton-again-wins-ofsaa-wrestling-title/>

<http://www.mississauga.com/sports-story/7208239-st-martin-captures-ofsaa-hockey-title/>

Event	School Champion	Award
Basketball Boys' A	Philopateer Christian College	Consolation Champions
Hockey Boys' AAA	St. Martin	Gold
Wrestling Boys' Team	Turner Fenton	Gold
Wrestling Overall Team Champions	Turner Fenton	Gold

OFSAA Spring 2017 Events

Event	Date	Association	City
APRIL			
Girls' Gymnastics	Apr. 10-11	COSSA	Belleville
MAY			
Badminton	May 4-6	SWOSSAA	Pain Court
Tennis	May 29-31	YRAA	Vaughan
Girls' A/AA Rugby	May 29-31	LOSSA	Ajax
Girls' AAA Rugby	May 29-31	LOSSA	Ajax
Boys' A/AA Field Lacrosse	May 29-30	CWOSSA	Brantford
Boys' AAA Field Lacrosse	May 31-June 2	CWOSSA	Brantford
Boys' Baseball West Regional	May-31-June 1	SWOSSAA	Clinton
Boys' Baseball East Regional	May-31-June 1	TDCAA	Etobicoke
JUNE			
Boys' A/AA Rugby	June 1-3	NCSSAA	Ottawa
Boys' AAA Rugby	June 1-3	NCSSAA	Ottawa
Girls' A Soccer	June 1-3	TDCAA	Toronto
Girls' AA Soccer	June 1-3	NOSSA	North Bay
Girls' AAA Soccer	June 1-3	SWOSSAA	Belle River
Boys' A Soccer	June 1-3	SWOSSAA	Windsor
Boys' AA Soccer	June 1-3	NOSSA	North Bay
Boys' AAA Soccer	June 1-3	GHAC	Stoney Creek
Track and Field	June 1-3	EAST	Belleville
Boys' Baseball Final	7-Jun	OFSAA	London

Dates subject to change

Winter Season Success Story

The St. Marguerite d'Youville Senior Girls Volleyball Team had a very successful 2016-2017 season and made school history by winning the Senior Girls Tier 2 championship.

This is the first volleyball championship for the girls team in d'Youville history and remarkably, it's the second championship win this year for d'Youville volleyball teams. The Panthers traveled to Cawthra Park for the championship game where the gym was packed with student supporters. After a quick 5-0 start the Panthers lost all focus and Cawthra Park won the set 25-9. It looked like d'Youville was defeated already going into the second set but the never-say-die Panthers rallied together and won the set 25-20. In the third set the teams battled back and forth as both teams had game point twice! Finally, d'Youville's captain Alyssa Hainey stepped up to serve a bullet into position 1 and the Panthers emerged victorious winning 18-16! The team showed true character after having an awful first set but in the end Coach Moynihan's motto came true, that talent may win games but teamwork wins championships!



from Left to Right:

Standing: Sunshine Agbalugo, Navjot Khalon, Alessandra Agostino, Patrisha Shiga, Trinity Wright, Alyssa Hainey, Deneesha Piyasena, Angele Campbell-Stewart, Theresa Pasram, Xavian Baker, Coach Moynihan

Kneeling: Elinor Dellelis, Luxshala Govinda Rajan, Maria DaSilva

Winter Season Success Story

Rower Alexandra Wright of Holy Name of Mary College School takes the Gold!

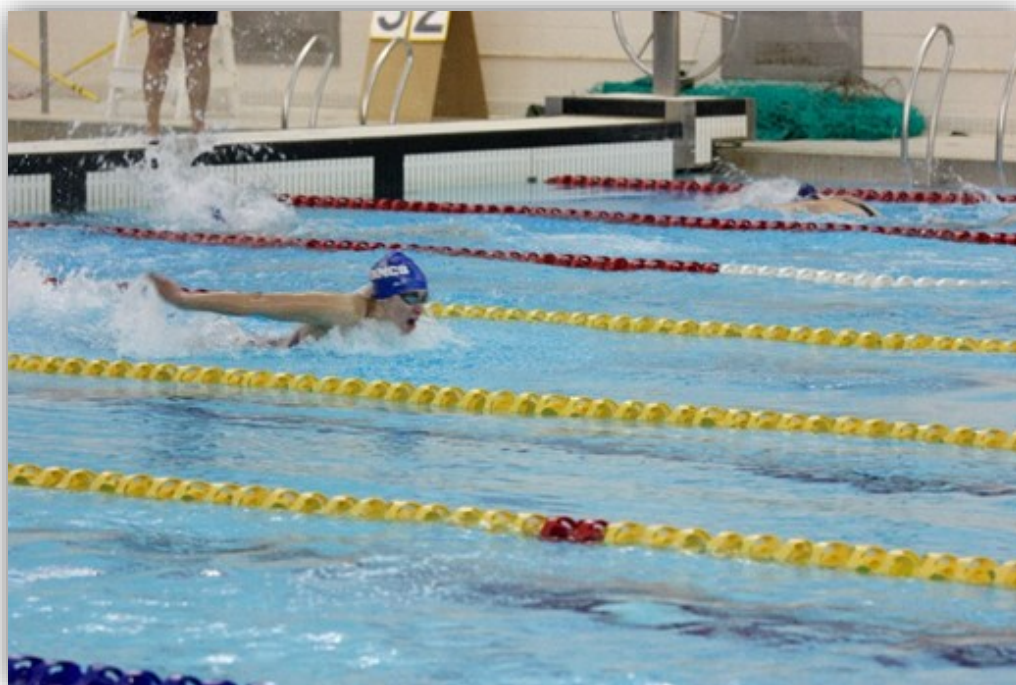
A student in the Elite Athlete program at Holy Name of Mary College School, Alexandra (Lexi) Wright is a competitive rower who balances her academic work with a demanding practice schedule. While she seems to excel effortlessly, in fact she works incredibly hard. Prior to training as a rower, Lexi had chosen another water sport. She was a young synchronized swimmer who joined the HNMCS swim team after being asked to join by the coaches. Although she had never competed, she gave it a try and ended up winning gold both in 50m Butterfly and 50m Freestyle thereby qualifying for OFSSAA.

Outside of her incredible success with sports, Lexi is an honour roll student. Now in her grade 12 year, she plans to study marine biology or medical sciences in university. She keeps up with her first sport by making time to act as a volunteer synchronized swimming coach. Her future goals are to continue to row in university and to gain more international racing experience.

Most recently, Lexi competed at the 52nd Head of the Charles Regatta in Boston on October 22 and 23, 2016. Since its inception in 1965 this regatta has attracted teams from all over the globe. Lexi's crew competed against teams from all over the United States, as well as teams from as far away as Great Britain. Lexi competed in the Youth coxed quad and brought home the gold!

Congratulations to Lexi on this honour and her other athletic achievements.

~ Submitted by: - **Jaclyn Carere, Holy Name of Mary College School**



Click on this link for more on this winner!

<http://www.holynameofmarycollegeschool.com/elite-athlete-news-2016>

Winter Season Success Story

Paul Nguyen has been an athlete at Heart Lake Secondary School for 3 years on the Wrestling team, however not everything started off well. Before his senior high school season began, he tore a rotator cuff muscle during a practice and easily had a major setback, through physiotherapy and rehabilitation. Going through hardships this season, he healed up and caught back to speed; settling down at the 54kg weight class and earning a ROPSSAA Silver Medal. Doing this, he earned a berth to the OFSAA Wrestling Championships on March 1-3, and he was hungry for revenge from his loss at ROPSSAA. Going a perfect 3-0 on Day One of competition, he also ended up with a sprained LCL and couldn't even walk normally on Day Two. Struggling through the pain and getting his joint taped up, he wrestled with heart in the semifinals to earn a berth to the OFSAA Finals. Ending up with a silver medal, and placing above the individual that beat him at ROPSSAA, Paul yearns to become cemented within the history books of Heart Lake.



Paul is third from left athlete

Click on the link below to read about a motivational Secret Success Story!

<http://www.goal-setting-for-success.com/secret-success-stories.html>



Sharing your Spring Season Athlete or Team Success Story

Kindly e-mail your story to Namita Sawh: namita.sawh@peelsb.com for consideration to be included in our **Spring 2017** Newsletter.

Submission Deadline Date: Friday, June 16, 2017

Tackle Your Brain!

1. What is a Gordie Howe hat trick?
 - a. A player scores three goals
 - b. A player gets three assists
 - c. A player scores a goal and an assist and gets into a fight
 - d. A player scores a goal and an assist and gets a minor penalty
2. What is the name of the machine used to resurface the ice in between periods in a hockey game?
 - a. Calzone
 - b. Zimbabwe
 - c. Fabiano
 - d. Zamboni
3. To whom is the Lou Marsh Trophy awarded?
 - a. The most charitable Canadian athlete
 - b. Canada's top amateur athlete
 - c. Canada's top amateur or professional athlete
 - d. Canada's best female athlete
4. In 1988, who became the first person to swim across the five Great Lakes?
 - a. Beth Whittall
 - b. Alex Baumann
 - c. Vicki Keith
 - d. Florence Chadwick
5. Who was the first president of the NHL?
 - a. Frank Calder
 - b. John Ziegler
 - c. Red Dutton
 - d. Frank Robinson

Click ([here](#)) for answers

Other information**Order your Discovery Pass**

To celebrate our country's 150th birthday, the Government of Canada is offering the gift of **free admission** to all Parks Canada places to Canadians.

Open this link to order.

<http://www.commandesparcs-parksorders.ca/webapp/wcs/stores/servlet/en/parksb2c>

The formation of the NHL... Eddie did it!
To understand the reason for the creation of the NHL in November of 1917, a look at the previous season is necessary.



The 1916-17 National Hockey Association's final season began on "thin ice". That is, the World War had begun and the league lost many talented players to the forces, notably the prolific scorer, Frank McGee. Short staffed by not only the war effort, but also by the new league in the west, the Pacific Coast Hockey Association, which recruited the eastern players. Another problem occurred when Toronto player, Cy Denneny, secured a job in Ottawa (they had jobs in those days) and asked his team's owner, the feisty Eddie Livingstone, for a transfer. When the Toronto boss virtually denied the transfer by asking too much in return, the players union threatened to strike, thus potentially shutting down the league. Denneny was also prepared to simply sit out the season. Later, Livingstone reduced his demands and the league carried on. However, in February, a popular top team composed of Canadian servicemen, the 228th Battalion, was suddenly called overseas, reducing the league to 5 teams, Montreal Canadiens, Wanderers, Ottawa, Quebec and Toronto. The ensuing heated arguments between the owners on methods of completing the league resolved very little. When the fiery Eddie Livingstone had his proposal on rescheduling the remaining games totally rejected by the other owners, he immediately pulled his Toronto team from the league. The four remaining teams limped to completion of their season.

These events led to the creation of the NHL for the 1917 - 18 season. The four remaining owners from the previous season held sometimes "discreet" meetings to organize the ensuing season and to possibly rid themselves of the proverbial thorn, Eddie Livingstone. In their final meeting, the owners created a new league, the National Hockey League, comprised of the same old four teams from the NHA plus a new entry from Toronto. They claimed Mr. Livingstone still had his franchise and his league to play in, but his was the only team. Without Eddie, where would the NHL be...?

About ROPSSAA

ROPSSAA is a member of the Ontario Federation of School Athletic Associations (OFSAA).

ROPSSAA has 70 member schools and coordinates 34 sports across three sport seasons, Fall, Winter and Spring.

We are on the web!

<http://www.ropssaa.org/>

<http://www.ofsaa.on.ca/>

ROPSSAA Sports

Fall

Basketball – Girls
Bocce
Cross Country Running
Field Hockey
Flag Football
Football
Golf
Tennis
Volleyball - Boys

Winter

Alpine Skiing
Basketball – Boys
Curling
Hockey – Boys
Hockey – Girls
Nordic Skiing
Special Event Basketball
Special Event Bowling
Swimming
Table Tennis
Volleyball – Girls
Wrestling

Spring

Archery
Badminton
Baseball
Cricket
Fastpitch Softball
Lacrosse – Boys
Lacrosse – Girls
Rugby
Slopitch Softball
Soccer
Special Event Track & Field
Track & Field
Ultimate Frisbee