



ROPSSAA NEWSLETTER

Region of Peel Secondary School Athletic Association

Issue 5

June 2017

SPRING SEASON



Message from ROPSSAA Chair

Greetings coaches, athletic contacts, students athletes, parents and administrators

On behalf of the entire ROPSSAA Council we would like to extend a sincere thank you for a great school year and three great seasons. This year we saw thousands of student athletes compete in all of our ROPSSAA sports. Whether just for fun or to win OFSAA gold, participation in sports can play a vital role in the development of a person. Sports can be such a great teacher and can teach such things as camaraderie, humility, how to resolve differences.

Thank you coaches for your time, dedication and efforts in making your season the best it can be for your student athletes. Thank you to athletic contacts for all that you do to ensure things run smoothly in your schools and thank you to administrators for providing the frame work to support and acknowledge the importance of athletics. As we head into our "off season" we are reminded of the many teacher coaches who are retiring this year. Many of them have dedicated over 25 years to coaching and we will truly miss the valuable experience and mentorship they have given. We collectively thank them for dedicating years and decades to sports in ROPSSAA and wish them all the best as they head off to future endeavors. Finally thank you to Namita Sawh for all of her behind the scenes work as our ROPSSAA office assistant. She ensures the administrivia of it all meshes together.

Best wishes to everyone for a safe, relaxing and enjoyable summer. We look forward to seeing you back coaching again next year.

Paul Freier, ROPSSAA Chair

Principal



BramptonCentennial Secondary School

"fama extendere factis"

(to build our reputation through good deeds)



View Constitution Results from 2017 ROPSSAA AGM

<https://drive.google.com/file/d/0B5ot76jereEyfRnZWHdXT2NJSIhrUFU/view?usp=sharing>

Congratulations to our Spring Season Team Champions!



Sport	Level	Tier	ROPSSAA Champion
Archery	Boys' Standard Class		Rick Hansen S.S.
Archery	Girls' Standard Class		Streetsville S.S.
Archery	Boys' Recurve Class		Streetsville S.S.
Archery	Girls' Olympic Class		Streetsville S.S.
Badminton	Junior Boys		John Fraser S.S.
Badminton	Junior Girls		St. Joseph C.S.S.
Badminton	Senior		Glenforest S.S.
Baseball	Varsity Boys	Tier 1	Our Lady of Mount Carmel C.S.S.
Baseball	Varsity Boys	Tier 2	Mayfield S.S.
Cricket	Varsity Girls		Sandalwood Heights S.S.
Cricket	Junior Boys		Central Peel S.S.
Cricket	Senior Boys		Castlebrooke S.S.
Fastpitch			David Suzuki S.S.
Lacrosse	Boys		Mayfield S.S.
Lacrosse	Girls		Heart Lake S.S.
Rugby	Junior Boys		Lorne Park S.S.
Rugby	Junior Girls		Mayfield S.S.
Rugby	Senior Boys A/AA		Streetsville S.S.
Rugby	Senior Girls A/AA		Applewood Heights S.S.
Rugby	Senior Boys Tier 1		Lorne Park S.S.
Rugby	Senior Boys Tier 2		St. Thomas Aquinas C.S.S.
Rugby	Senior Girls Tier 1		St. Roch C.S.S.
Rugby	Senior Girls Tier 2		St. Thomas Aquinas C.S.S.

Congratulations to our Spring Season Team Champions!



Sport	Level	Tier	ROPSSAA Champion
Slopitch		Tier 1	St. Thomas Aquinas C.S.S.
Slopitch		Tier 2	Bramalea S.S.
Soccer	Junior Boys	Tier 1	St. Francis Xavier C.S.S.
Soccer	Junior Boys	Tier 2	Castlebrooke S.S.
Soccer	Senior Boys	Tier 1	St. Edmund Campion C.S.S.
Soccer	Senior Boys	Tier 2	St. Joan of Arc C.S.S.
Soccer	Junior Girls	Tier 1	Loyola C.S.S.
Soccer	Senior Girls	Tier 1	Our Lady of Mount Carmel C.S.S.
Soccer	Senior Girls	Tier 2	Robert Hall C.S.S.
Soccer	A Senior Boys		St. Paul C.S.S.
Soccer	AA Senior Boys		Iona C.S.S.
Soccer	AA Senior Girls		Iona C.S.S.
S.E. Track and Field	Boys Small School *		St. Joan of Arc C.S.S.
S.E. Track and Field	Girls Small School *		St. Roch C.S.S.
S.E. Track and Field	Overall Small School *		St. Roch C.S.S.
S.E. Track and Field	Boys Medium School **		St. Augustine C.S.S.
S.E. Track and Field	Girls Medium School **		Brampton Centennial S.S.
S.E. Track and Field	Overall Medium School **		St. Marcellinus C.S.S.
S.E. Track and Field	Boys Large School ***		West Credit S.S.
S.E. Track and Field	Girls Large School ***		Applewood School
S.E. Track and Field	Overall Large School ***		Applewood School
Track & Field	Midget Girls		St. Marcellinus C.S.S.
Track & Field	Junior Girls		St. Marcellinus C.S.S.
Track & Field	Senior Girls		St. Edmund Campion C.S.S.
Track & Field	Midget Boys		St. Marcellinus C.S.S.
Track & Field	Junior Boys		St. Marcellinus C.S.S.
Track & Field	Senior Boys		St. Edmund Campion C.S.S.
Track & Field	Overall Girls		St. Marcellinus C.S.S.
Track & Field	Overall Boys		St. Marcellinus C.S.S.
Track & Field	Overall Combined Team		St. Marcellinus C.S.S.
Ultimate Frisbee			Port Credit S.S.

* Small Schools (1-20 participants)

** Medium Schools (21-40 participants)

*** Large Schools (41+ participants)

Congratulations!



OFSSAA Champions

Sport	Event	Student Champion	Award	School
Badminton	Mens' Singles	Harry Soo	Gold	Stephen Lewis
Badminton	Mens' Doubles	Shayam Samsooden, Tihan Hewagama	Bronze	St. Roch
Badminton	Womens' Singles	Crystal Lai	Bronze	St. Francis Xavier
Badminton	Mixed Doubles	Katy Rozonoua, James Paul Marcelino	Gold	Port Credit
Tennis	Open Boys Singles	Ryan Navarro	Gold	Lorne Park
Tennis	Open Boys Singles	Neil Kandhai	Bronze	Castlebrooke
Tennis	Open Girls Singles	Sofia Kostirko	Gold	Lorne Park
Tennis	Open Girls Singles	Rachel Hanford	Silver	St. Martin
Tennis	High School Girls Doubles	Meagan Duff And Caitlin Le	Bronze	St. Francis Xavier
Soccer	Boys' AA Soccer		Antique Bronze	Iona
Soccer	Girls' AAA		Gold	Our Lady of Mount Carmel
Track and Field	Mens 100 Meters Junior	Brayden Fraser	Bronze	Ascension of Our Lord
Track and Field	Mens 200 Meters Junior	Brayden Fraser	Bronze	Ascension of Our Lord
Track and Field	Mens Long Jump Junior	Smith Dmitri	Silver	Brampton Centennial
Track and Field	Mens 4x100 Relay Midget	Sergio Andre, Devontay Jackson, Shawn James, Tristen Wilson	Gold	Cardinal Leger
Track and Field	Mens 4x100 Relay Midget	Isaiah Holung, Dimron Phillips, Raheem Balogun, Deryn Armstrong	Silver	St. Roch
Track and Field	Mens Long Jump Senior	Gerrard Wallace	Silver	Heart Lake
Track and Field	Womens Pole Vault Midget	Paige Hughes	Silver	Humberview
Track and Field	Mens Javelin Senior	Damon Lewis	Bronze	Iona
Track and Field	Womens 4x100 Relay Midget	Soriyah Dakin, Soraya Jovin, Katerina Koudinov, Ruthann Lemonius	Silver	Loyola
Track and Field	Womens Pole Vault Senior	Emily Newton	Silver	Mayfield
Track and Field	Womens High Jump Junior	Korina Black	Bronze	Philip Pocock
Track and Field	Womens Shot Put Midget	Atayvia Spear	Gold	Rick Hansen
Track and Field	Mens Discus Junior	Ty McSorley	Gold	St Marcellinus
Track and Field	Mens 1500 Meters Senior	Joshua Desouza	Bronze	St Marquerite d'Youville
Track and Field	Womens 100 Meters Junior	Elizabeth Martin	Silver	St Marquerite d'Youville
Track and Field	Womens Long Jump Midget	Mahalia Mitchell	Silver	St Marquerite d'Youville
Track and Field	Mens 4x100 Relay Midget	Isaiah Holung, Dimron Phillips, Raheem Balogun, Deryn Armstrong	Silver	St Roch
Track and Field	Men 100 Meter Dash Visually	Nicholas Neri	Silver	Cardinal Leger
Track and Field	Men 800 Meter Run Visually	Nicholas Neri	Gold	Cardinal Leger
Track and Field	Men 800 Meter Run Ambulatory	Max Gunter	Silver	Humberview
Track and Field	Men 800 Meter Run Intellectually	Jacob Balan	Silver	St. Marcellinus

Spring Season Success Stories

Sandalwood Heights Varsity Girls Cricket team reclaims ROPSSAA Gold!

The Sandalwood Heights Varsity Girls Cricket team reclaimed ROPSSAA gold after another strong season on the pitch, making school history for the second year in a row. Coach Quennell is proud of their accomplishments that couldn't have been achieved without their commitment to daily early morning practices, their continued team work, and their resilience under pressure. Looking forward to another great season next year!

Submitted by: Alicia Quennell, Sandalwood Heights S.S.



Spring Season Success Stories

Mayfield wins Silver medal at the Senior Girls Rugby Finals!

Another great season for the Senior Girls Rugby team that culminated in a very exciting and hard fought game in the ROPSSAA Finals which ended up with a silver medal. They were also winners of the Guelph Centennial C.V.I. annual tournament and the York University Lions Cup. Coaches would like to wish our graduating players the best of luck and thank them for being part of our fantastic Rugby tradition at Mayfield. "Go off and continue to do great things!"

Submitted by: Kirk Robertson, Mayfield Secondary School



Spring Season Success Stories

Rick Hansen student Atayvia Spear wins Gold Medal at OFSAA Track and Field Championships!

Our Grade nine student Atayvia Spear won a gold medal in the midget girls shot put with a throw of 11.99 metres at the recent OFSAA track and field championships.

Atayvia is the only young lady in ROPSSAA to win a gold medal this year at Track and Field. She is the first person from our school to win an individual gold medal in school history, and is now the ROPSSAA record holder in this same event.

Submitted by: Dave Mcallister, Rick Hansen Secondary School



St. Marcellinus captures the title of overall Team Champions once again!

The St. Marcellinus Track & Field team won the overall Team ROPSSAA Championship for the 11th Consecutive year, an incredible accomplishment. They also won 7 of the possible 9 championships. The only championships that were not won were the two Senior categories.

Submitted by: Orlando Rivero, St. Marcellinus

Spring Season Success Stories

Lady Cardinals become Five Time ROPSSAA Champions at Varsity Girls Softball!

The Varsity Girls Softball team ended the last four seasons with gold medals. This year the girls were hoping to defend their title for the fifth year in a row. With a perfect 8 and 0 record in the regular season with 103 runs for and 7 runs against, the Lady Cardinals were in first place leading into the playoffs which landed them a spot in the finals.

The Lady Cardinals played Our Lady of Mount Carmel in the finals. After the 2nd inning the Cardinals were down two runs but the Lady Cardinals came back and were victorious with a score of 15 - 3 bringing home the ROPSSAA gold for the fifth year in a row. A special shout out to the pitchers Jessica Sutton and Emily Erskin.

The Varsity Girls Softball team has not lost a ROPSSAA game in the last five years (including two tournaments hosted by D'Youville)! Congrats to Katie Cheeseman, Emily Erskine, Bhavy Shanker, Hannah Koziolk, Jessica Sutton, Jenna Hofing, Bailey Arango, LEEANNE Delorme, Kaitlin MacNeil, Veronica Glover, Lindsay Scorizzi, Kiara D'Souza and Emily McDonald.

Coaches, Teoh Squared and Di Lella, would like to wish Katie Cheeseman, Emily Erskine and Bhavy Shanker good luck next year as they are graduating from Aquinas! Thanks for your hard work and dedication throughout the years and congratulations for winning four ROPSSAA Championships!

Keep those bats swinging this summer girls, we will see you next spring as we try for our sixth gold in a row. Go Cardinals!

Submitted by: Lino Di Lella, St. Thomas Aquinas Catholic Secondary School



Lady Cardinals

Spring Season Success Stories

Visually-impaired athlete continues reaching for her goals!

Kat Grgic, a student from St. Aloysius Gonzaga Secondary School, set the OFSAA track and field record in the women's 800-metre run for the visually impaired on June 3 in Belleville.



Click this link for full story:

<https://www.mississauga.com/sports-story/7357928-visually-impaired-athlete-continues-reaching-for-her-goals/>

Submitted by: Danny Webster, St. Aloysius Gonzaga Catholic Secondary School

Central Peel raises tournament money for sick kids



1. Central Peel successfully hosted the first annual Nicolas Gabriel Memorial Slo-Pitch tournament to pay tribute to the life of our captain's younger brother who tragically died 3 years ago in a fire. Not only did we raise funds to be donated to the burn victim unit at Sick Kids hospital but Central Peel went undefeated and won the gold medal.

2. Despite the majority of our experienced softball players graduating in 2016, much to our surprise, Central Peel formed a team that not only won the Central division but had the largest run differential of all tier 2 teams.

We raised a total of \$600, half of which we used for the team to buy a pitching machine and the other half we donated to sick kids.

Submitted by: Cheryl Jones, Central Peel Secondary School



Canadian Sports History

Sports in Late 19th Century - Article from The Canadian Encyclopedia

Sport was intensely creative and exciting in the late 19th century. Canadians were at the forefront of the development and popularization of [lacrosse](#), [baseball](#), [football](#), [hockey](#) and [basketball](#). In 1891, Canadian [James Naismith](#) invented the game of basketball while teaching in Massachusetts. The game spread, and was soon played in Canada.

Lacrosse was so popular in the 1880s that the myth grew that it had been declared, by Act of [Parliament](#), to be the national game. By the 1880s the game had been introduced to England and was spreading to Western Canada.

Eventually baseball would challenge lacrosse for public support and interest as a summer sport. The Canadian Baseball Association was formed in 1876 and the first baseball leagues shortly thereafter. Much of baseball's early success occurred in southwestern [Ontario](#), where the proximity of the United States was enhanced by [railway](#) links.

Football, too, had a rapid evolution in this period. In 1874, Canadians introduced their American neighbours to the oval ball and rules of [rugby](#). That year also marked the beginning of a series of annual matches between [McGill](#) and Harvard universities. As a result, the Americans shifted away from association football (called [soccer](#) today in North America), and adopted the oval ball and scrum of rugby. By the turn of the 20th century, the game had evolved into what North Americans now call "football." The links of the game to the universities and colleges of both countries contributed to its longstanding success. In Canada, the sport was largely based in Ontario and [Québec](#), and, in 1884, the first national football championship was held.

Both rugby and lacrosse contributed to [hockey](#)'s evolution from an ill-defined version of British stick and ball games. Many of its practices, including the face-off, its regulations concerning offsides and the use of goals to score points, were borrowed from the other sports. By the turn of the century, hockey was replacing lacrosse as Canada's most popular game.

Click link to read more: <http://www.thecanadianencyclopedia.ca/en/article/sports-history/>

More Reads

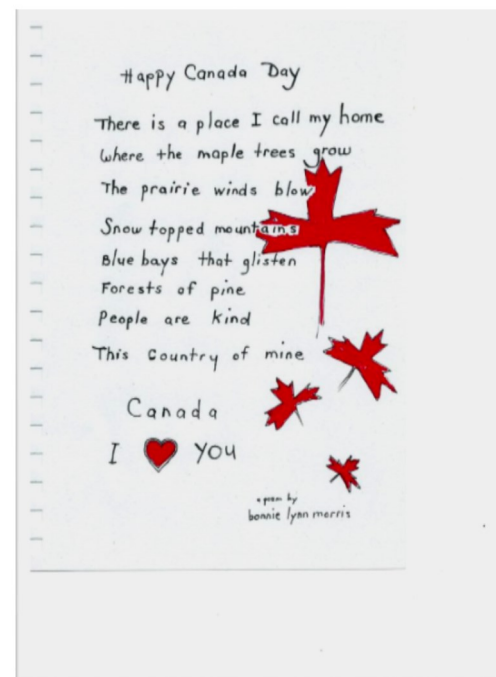
150 years of Canadian Sports History

<http://olympic.ca/tag/canada150/>

Canada 150: Capturing a country through sport (10-part series)

<https://www.thestar.com/sports/2017/06/21/canada-150-capturing-a-country-through-sport.html>

Humour and Inspiration



Relax, enjoy and rejuvenate this summer!:-)

About ROPSSAA

ROPSSAA is a member of the Ontario Federation of School Athletic Associations (OFSAA).

ROPSSAA has 70 member schools and coordinates 34 sports across three sport seasons, Fall, Winter and Spring.

We are on the web!

<http://www.ropssaa.org/>

<http://www.ofsaa.on.ca/>

ROPSSAA Sports

Fall

Basketball – Girls
Bocce
Cross Country Running
Field Hockey
Flag Football
Football
Golf
Tennis
Volleyball - Boys

Winter

Alpine Skiing
Basketball – Boys
Curling
Hockey – Boys
Hockey – Girls
Nordic Skiing
Special Event Basketball
Special Event Bowling
Swimming
Table Tennis
Volleyball – Girls
Wrestling

Spring

Archery
Badminton
Baseball
Cricket
Fastpitch Softball
Lacrosse – Boys
Lacrosse – Girls
Rugby
Slopitch Softball
Soccer
Special Event Track & Field
Track & Field
Ultimate Frisbee