

FLAG FOOTBALL FIELD DIAGRAM

Flag football end zone is only 10 yds. deep, and is lined the same colour as the flag football sidelines

Boys football, or field hockey side lines

Posts must be padded

GOAL
10 Yds
20 Yds
30 Yds
40 Yds
50 Yds
Center
50 Yds
40 Yds
30 Yds
20 Yds
10 Yds
GOAL

Flag football side lines marked in a different colour

Lines painted at the 45 yd lines, or 10 yds from centre, to indicate where kick-off occurs

Flag football field is 54 yds wide, and is centred on the football uprights, or soccer goal, if such exist.

