



Issue 10

# ROPSSAA NEWSLETTER

Region of Peel Secondary School Athletic Association

April 2019

## Winter Sports Season

The ROPSSAA Team extends a warm welcome to our readers. Triumph prevailed after the recent frigid winter spell. Yeah! Mother Nature played a rough game this round, and the cancellation and rescheduling of many winter season games, due to the severe weather conditions were challenging indeed. With dedication and perseverance by teacher-coaches, athletic contacts, convenors, administrators, students and supporters, the season ended successfully. Congratulations to all the student athletes and winning teams! Your lives are definitely being enriched with the opportunity to play sports outside the classroom. We are always delighted to receive and share your achievements through success stories submitted by coaches, in our seasonal newsletter. We look forward to receiving more success stories at the end of the Spring Season!

Thanks once more to everyone involved for your commitment and continued support! Keep healthy and blissful!

### Important Dates for Spring Sports Season

#### Executive Meeting Dates

Tuesday April 9, 2019  
Tuesday May 14, 2019  
Tuesday June 11, 2019

#### **AGM**

ROPSSAA Annual General Meeting  
**Thursday, June 20, 2019**

#### **Transfer and Eligibility**

##### **ROPSSAA**

##### **Last Date**

#### Application Deadlines

Friday, May 3, 2019 11:59pm \*

#### Application Approval Dates

Thursday, May 9, 2019

\*No opportunity to appeal to OFSAA

**Note: Motions to change Constitution are due on  
Wednesday May 1, 2019.**

---

# Congratulations!



## Winter 2018-2019 Sports ROPSSAA Team Champions

Sport	Category		ROPSSAA Champion
Alpine Skiing	High School Girls		Lorne Park S.S.
Alpine Skiing	High School Boys		Lorne Park S.S.
Alpine Skiing	Open Girls		Mayfield S.S.
Alpine Skiing	Open Boys		Humberview S.S.
Alpine Skiing	High School Combined		Lorne Park S.S.
Basketball	Junior Boys	Division 1	Fletcher's Meadow S.S.
Basketball	Junior Boys	Division 2	St. Augustine C.S.S.
Basketball	Senior Boys	Division 1	Brampton Centennial S.S.
Basketball	Senior Boys	Division 2	Louise Arbour S.S.
Basketball	A Boys		Ste. Famille C.S.S.
Basketball	AA Boys		Woodlands S.S.
Curling	Senior Open Boys		Mississauga S.S.
Curling	Senior Open Girls		Lorne Park S.S.
Curling	Senior Novice Mixed		St. Francis Xavier C.S.S.
Curling	Junior Novice Mixed		Mississauga S.S.
Curling	Junior Novice Boys		Mayfield S.S.
Curling	Junior Novice Girls		St. Francis Xavier C.S.S.
Hockey	Senior Boys	Tier 1	St. Michael C.S.S.
Hockey	Senior Boys	Tier 2	Mayfield S.S.
Hockey	A/AA Boys		Iona C.S.S.
Hockey	Senior Girls		Our Lady of Mount Carmel C.S.S.
Nordic Skiing	Junior Boys		Lorne Park S.S.
Nordic Skiing	Junior Girls		Mayfield S.S.

# Congratulations!



## Winter 2018-2019 Sports ROPSSAA Team Champions

<b>Sport</b>	<b>Category</b>	<b>ROPSSAA Champion</b>
Nordic Skiing	Senior Girls	Humberview S.S.
Nordic Skiing	Senior Boys	Mayfield S.S.
Nordic Skiing	Senior Combined	Lorne Park S.S.
Special Events Bowling	Team Assisted	Parkholme School
Special Events Bowling	Team Unassisted	St. Roch C.S.S.
Swimming	Junior Girls	John Fraser S.S.
Swimming	Senior Girls	Lorne Park S.S.
Swimming	Junior Boys	John Fraser S.S.
Swimming	Senior Boys	St. Aloysius Gonzaga C.S.S.
Swimming	Overall Combined	John Fraser S.S.
Swimming	Open	Mayfield S.S.
Table Tennis	Boys	John Fraser S.S.
Table Tennis	Girls	Woodlands S.S.
Volleyball	Junior Girls	St. Aloysius Gonzaga C.S.S.
Volleyball	Senior Girls	Tier 1 St. Marcellinus C.S.S.
Volleyball	Senior Girls	Tier 2 Philip Pocock C.S.S.
Volleyball	AA Girls	Streetsville S.S.
Wrestling	Junior Boys	Stephen Lewis S.S.
Wrestling	Open Boys	Turner Fenton S.S.
Wrestling	Junior Girls	St. Francis Xavier C.S.S.
Wrestling	Open Girls	St. Francis Xavier C.S.S.
Wrestling	Junior Overall	St. Francis Xavier C.S.S.
Wrestling	Open Overall	Turner Fenton S.S.



## Winter Season 2018-2019 Championships

**Congratulations to our winners!**

### Wrestling

Turner Fenton

**GOLD**



Turner Fenton Boys Team

### A/AA Boys' Hockey

Iona Catholic Secondary

**Silver**



Iona A/AA Boys Team

### AAA Girls' Volleyball

St. Marcellinus

**Antique Bronze**



St. Marcellinus Girls Volleyball Team

## Winter 2018-19 Season Success Story

### Boys' Basketball

#### BRAMPTON CENTENNIAL BOYS BASKETBALL

This was a season to remember for the Senior Boys Basketball team, not just the success but the length of the season in itself for the boys. Ending off with a total of 45 games (34w-12L) our boys had their share of victories and disappointments both in tournament play and the regular season. Making it to the finals in 3 out of the 7 tournaments we went into wasn't quite our goal especially working hard and falling short in two of those finals to finally win our last one The Sheridan Cup. Like every team that hits a wall, we needed that win to correct ourselves before going into the home stretch of our last season games. The boys worked hard during the playoffs to accomplish the goal we set out to achieve once we entered to make it to another Championship game. Making it to the ROPSSAA Championship game was the goal, winning would be our greatest achievement for Senior Boys Basketball in a very long time. The Boys played a very strong defensive game that helped us gain our 15minutes of fame being the first public school in 18 years to win Senior Tier One ROPSSAA. Going and doing well in OFSAA was our next goal but we welcomed the experience with any result (Losing in the consolation semi finals). The Boys had a great time being there, their very first OFSAA game was a triple overtime victory over Orillia marking it as the best game second only to the finals at the OFSAA Tournament. Special thanks goes to all the Boys and Coaches; Greg Egan, Annesley Guerra and our Head of Basketball Operations: Louis Pahis.

*Submitted by: Marlon McCollin, Brampton Centennial Secondary School*



Brampton Centennial Senior Boys Basketball Team



## Winter 2018-19 Season Success

### Boys' Basketball

#### BRONTE DRAGON'S BASKETBALL – A HISTORIC SEASON!

The 2018-2019 Varsity Boys' Bronte Dragons Basketball Team had a season for the record books as they were able to win 3 games this season after going 26 years without a single win. This year's team broke both individual and team records as well as made the ROPSSAA Single A division playoffs for the first time ever!

The Basketball Team entered their first tournament that took place at TL Kennedy School on November 22nd and 23rd 2018. After two close games, the boys picked up a huge upset win against the Brampton school, Judith Nyman Secondary School with a score of 71-53. The Dragons dominated the first quarter 19-10, with the halftime score ending 31-23. However, after the third quarter, the score was tied 43-43. The Bronte Dragons scored a record-breaking 28 points in the last quarter to take home their first win in the school's history. Ayiri scored a tournament high of 36 points in the win, with Ezekiel scoring 16 points and Yekeen scoring two 3-pointers.

The Basketball Team continued their success in the league season by beating Mentor College 65-48, picking up their first ever win in ROPSSAA on December 12th, 2018! Bronte Dragons started off slow losing the first quarter 16-7 but were able to score 20 points in the second quarter. During the 3rd quarter, Bronte only allowed a record-breaking 9 points against them due to their amazing defensive pressure. The Dragons then outscored Mentor College in the last quarter 20-10 as Yekeen scored 4 three-pointers from beyond the arch. Ayiri scored 20 points, Ezekiel with 14 points. Yekeen lead our team to victory with a game high 21 points.



The current team's success is directly linked to the hard work and dedication that the previous 2 teams put in for their love of basketball. We had 6 returning players with an excellent team captain in Rafael that meshed well with the new recruits for this year's success. It was an honour to host the first ever Basketball Alumni Game at Bronte College on February 15th, 2019. 8 players from previous teams came to battle our current squad and after the final whistle, your Dragons beat the Alumni 22-21!

The record-breaking season continued with some individual success. Ayiri broke the records for most points in a game, half and quarter as well as most assists and steals in a game. Ayiri is also the all-time leading scorer in Bronte College history. Ezekiel broke the record for most rebounds in a single game and Yekeen broke the record for most 3 pointers in a single game as well as a season. Furthermore, Ayiri Brikinn, Ezekiel Kennedy and Abolanle Yekeen were asked to attend the ROPSSAA All-Star tryouts.

On top of our successful season, the team also got to attend a Raptors game against the Brooklyn Nets and had the opportunity to watch the pre-game practice watching Kawhi Leonard and Danny Green. The team was also invited to the Raptors 905 Career Day and received a Q&A period with superstar, Derek "DC" Cooke Jr. after the game. Congratulations to the amazing work of the coaching staff of Alyssa Cyr and Jordan Frost as well as the 2018-2019 Bronte Dragons Basketball Team!

*Submitted by: Jordan Frost , Bronte College*

## Winter 2018-19 Season Success Story

### Varsity Boys Hockey

St. Michaels Varsity Boys Hockey team entered the season with little expectation, other than to participate in ROPSSAA and represent their school proudly. That sentiment quickly changed after seeing themselves sit at the top of the standings at the midway point in their season. Unfortunately, their place in the standings quickly fell following the break, seeing numerous players lost to either injury or unfortunate suspensions. They entered the playoffs as the 2nd seed, scheduled with a tough semi final contest vs St. Martins, a team they failed to beat in their previous two match-ups. The boys fought through their injuries and suspensions, and behind their strong team effort and the superb performance of their grade 10 goalie Domenic Rollo, the team came out with a close 2-1 victory, sending them to the ROPSSAA finals. The final matchup saw them facing an even tougher foe in Our Lady of Mount Carmel. Shorthanded once again, the boys played a systematic game, that resulted in a 0-0 score after regulation. Overtime saw St. Michael hit the post on a couple of occasions and Our Lady of Mount Carmel stymied on a breakaway with under a minute to play in the contest. As St. Michael turned up the ice with a last ditch effort to settle the contest before a shootout, Nicholas Solimena snapped a shot from the top of the circle, handcuffing the goaltender, seeing the puck pass him in the top corner for the Thunder victory! Despite this year's team having less skill than most teams of years past, their commitment to systematic game play and their heart and determination proved better then ever before. The team brought St. Mikes first ever ROPSSAA Senior Boys Hockey Championship, which lead to participation at AAA OFSAA in Barrie. Coaches Pupo, Duchich and Drag-

*Submitted by: Mark Duchich, St. Michaels Catholic Secondary School*



St. Michaels Varsity Boys Hockey team

## Winter 2018-19 Season Success Story

### Special Events Basketball

#### Riverhawk Soaring to Success on the Basketball Court

For the first time this year, Cardinal Ambrozic entered a team in the ROPSSAA Special Events Basketball Tournament. Our team, comprised of student athletes from our Planning for Independence Program, worked hard to learn as quickly as they could the rules for this sport which was completely new to many of them.

Our staff was impressed with the growth and confidence that developed in our student athletes. Each practice, we saw a tremendous amount of progress, and while we remain proud of the performance of each and every member of our team, one team member in particular stands out for her dedication, contribution and heart.

Salma is a student athlete like no other. Born in Pakistan, Salma joined to Cardinal Ambrozic community in January of 2015 when she and her siblings moved to Canada to live with her aunt and uncle.

Salma is a young woman who has had to overcome many obstacles. For staff who have known Salma since she arrived at Ambrozic, we will tell you that she is a young woman who embraces every experience as a learning opportunity. She does not shy away when things get difficult; she is a young woman who continues to work hard, even if she feels like she is struggling. Most importantly, Salma is willing to embrace every opportunity that comes her way since she knows too well that we have many privileges here that should not be taken for granted.

When we introduced the possibility of our first ever Special Events Basketball Team, Salma was all in from the first moment. Her positivity, determination, dedication and team work helped us to build a team who learned to importance of fun, team work and success.

Salma is a tremendous student athlete who we were proud to have on our Special Events Basketball Team. We know that Salma will have continued success in many more ROPSSAA Events where she will have the opportunity to embrace a new sport, learn a new skill and further grow her

*Submitted by: Teresa Abbruscato, Cardinal Ambrozic Catholic Secondary*



**SPECIAL EVENTS BASKETBALL TEAM 2018**





## Winter 2018-19 Season Success

### Swimming

St. Francis Xavier Tigers are proud to recognize the accomplishments of our swimmers this season.

Alyssa Zhang won 2 gold at both ROPSSAA and OFSAA for the THIRD year in a row and broke both records in her events!

Calvin Lam won 3 gold medals at ROPSSAA and a Bronze at OFSAA!

Our Junior and Senior boys both came 1st in their relay events at ROPSSAA and our Senior girls came in second!

A tremendous season for this team of dedicated and talented swimmers.

*Submitted by: Elizabeth Temple, St. Francis Xavier C.S.S.*



### Swimming

Port Credit Secondary School has a lot to celebrate this 2018/19 Swimming Season.

First, all 24 students obtained personal bests at the ROPSSAA and OFSAA. This was obtained through a lot of hard work and dedication, by the students, in and out of the pool.

One of our swimmers, Serena Teneschuk has an IEP because of the high levels of anxiety and stress she experiences. For any athlete this can be very difficult for competitions (big or small). Through determination, effort, mental awareness and strategy applications; she managed (each time) to overcome her exceptionalities and do the best she could. At all swimming meets, throughout the season, she mentally prepared (through meditation and breathing) and obtained personal bests. When Pre-ROPSSAA came along, the student outperformed her previous best times by, again, mentally preparing.

During the ROPSSAA Swimming Competition, she placed first in both of her events and represented Peel and the school at OFSAA. While at OFSAA her mother was there to cheer her on and offer mental and emotional support...along with her friends. She also used her strategies and techniques to overcome her exceptionalities once again. She obtained a second place medal in the 50m senior girls free style event...by having another personal best time. She completed in the senior girls 100m freestyle event the following day. Again, by using the support of peers, family and her coach, she obtained a personal best and placed first in the province for that event (gold medal).

We are so proud of all of our athletes at Port Credit Secondary School. Many have been identified. However, they push through obstacles and perform extremely well in our athletics program. The above is an example of a team that supports each other, strives for excellence and cares about the process not the outcome.

*Submitted by: Jeff Schust, Principal, Port credit S.S.*

## Winter 2018-19 Season Success Story

### Junior Girls' Volleyball

The St. Aloysius Gonzaga Jr Girls Volleyball team had a fairytale season having never lost a match in divisional play, tournament play and in playoffs. Last year the girls were defeated in a 2 -1 battle against Mayfield Secondary School. This year, under the leadership of a few returning players such as Julia Krevaljic, Aubry Paule and Jia Lonardi, the girls played outstanding and exciting volleyball. They rallied at the end of the first set after having to claw their way back from a 24-19 deficit, to take the set in a dramatic fashion 26-24. Having found their stride, the girls easily defeated Applewood Secondary in the second set 25-15. Finally returning the ROPSSAA trophy to Gonzaga after a 5 year hiatus.

*Submitted by: Carley Simpson, St. Aloysius Gonzaga C.S.S.*



St. Aloysius Gonzaga Jr Girls Volleyball team

### Nordic Skiing

This season's highlights include:

- Matthew Shaw - ROPSSAA sr boys champion (individual, team distance, and team sprint)
- Jr girls won ROPSSAA team distance and spring (plus individual silver and bronze)
- OFSAA results include: sr boys 9th team distance, and 7th team sprint, and 5 Mayfield students placed top 30 in their respective races.



*Submitted by: Saara Naudts, Mayfield Secondary*

## 2018-19 OFSAA Championships Dates

Event	Date	Association	City
<b>MAY</b>			
Badminton	May 2-4	NOSSA	North Bay
<b>JUNE</b>			
Tennis	June 3-5	TDSSAA	Toronto
Girls' A/AA Rugby	June 3-5	LOSSA	Courtice
Girls' AAA Rugby	June 3-5	LOSSA	Courtice
Boys' A/AA Field Lacrosse	June 3-4	COSSA	Peterborough
Boys' AAA Field Lacrosse	June 4-6	CWOSSA	Owen Sound
Boys' A/AA Rugby	June 6-8	LOSSA	Durham
Boys' AAA Rugby	June 6-8	LOSSA	Durham
Girls' A Soccer	June 6-8	SOSSA	Ancaster
Girls' AA Soccer	June 6-8	SWOSSAA	Belle River
Girls' AAA Soccer	June 6-8	GBSSA	Alliston
Boys' A Soccer	June 6-8	SOSSA	Ancaster
Boys' AA Soccer	June 6-8	NOSSA	North Bay
Boys' AAA Soccer	June 6-8	SWOSSAA	Sarnia
Track and Field	June 6-8	CWOSSA	Guelph
Baseball West Regional	June 5-6	LOSSA	Whitby
Baseball East Regional	June 5-6	LOSSA	Whitby
Baseball Final	June 12	OFSAA	

Schedule of OFSAA Events 2018-2019 (Dates subject to change)

## Other Information

### OFSAA Alumni Scholarship Deadline Fast Approaching (April 15)

Teacher-coaches, athletic directors and student services staff are reminded and encouraged to make the information below available to qualified student-athletes.

It is important to note that the deadline for the receipt of submissions is April 15, 2019.

Every year OFSAA awards scholarships to student-athletes from member associations on behalf of the OFSAA Alumni Association. These scholarships are generated from funds donated by friends of OFSAA by way of the Alumni Scholarship Fund. The successful student-athlete must be pursuing post-secondary education and must complete the entire application process. The number of scholarships awarded will be dependent upon the total amount of money raised from the Alumni and the number of successful applicants chosen by committee members.

This year, student-athletes from the following six (6) associations are eligible to apply for Alumni Scholarship Funds:

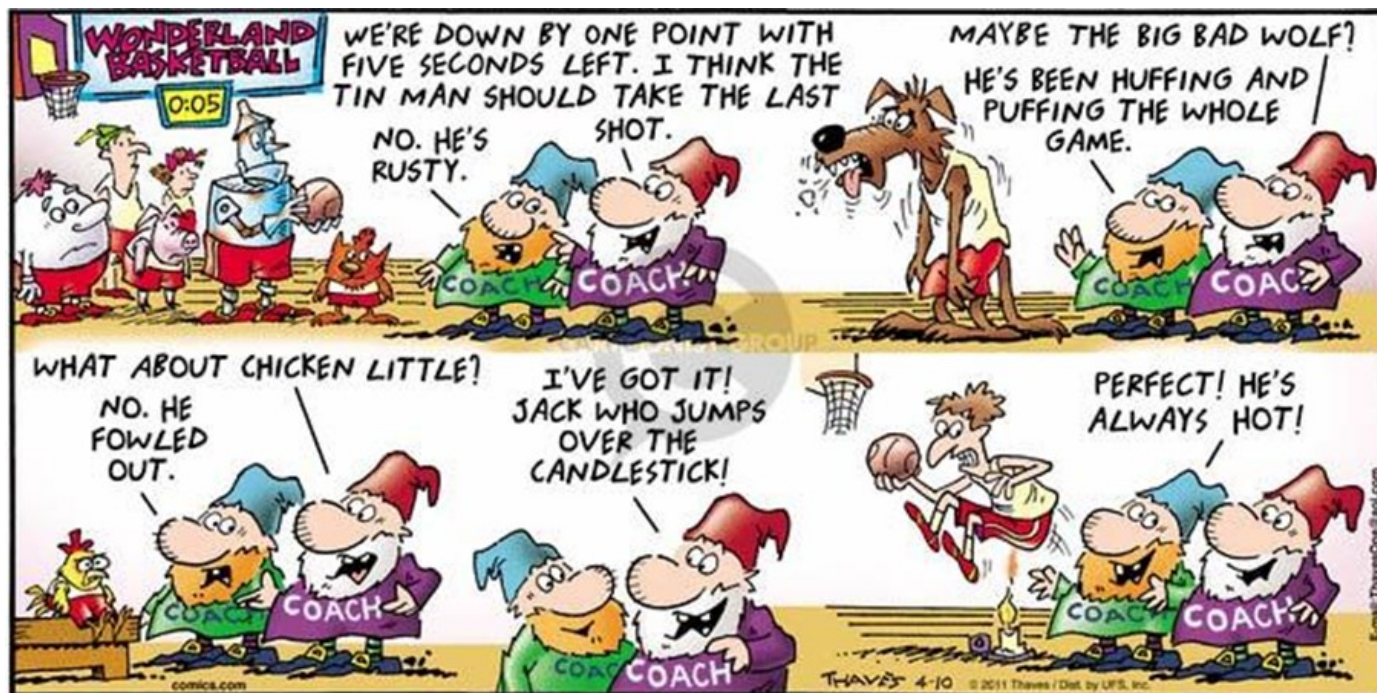
SOSSA, ROPSSAA, EOSSAA, TDSSAA, LOSSA, WOSSAA

The specific criteria and the actual application form can be found on the OFSAA website located at <https://ofsaa.on.ca/programs/scholarships/ofsaa-alumni>

If you have any further questions, please do not hesitate to contact Jim Barbeau, OFSAA Sport Coordinator at [jim@ofsaa.on.ca](mailto:jim@ofsaa.on.ca).



## Humour



Until the end of Spring Season, stay joyful!:-)

### About ROPSSAA

ROPSSAA is a member of the Ontario Federation of School Athletic Associations (OFSAA).

ROPSSAA has 71 member schools and coordinates 34 sports across three sport seasons, Fall, Winter and Spring.

We are on the web!

<http://www.ropssaa.org/>

<http://www.ofsaa.on.ca/>



#### Fall

Basketball – Girls  
Bocce  
Cross Country Running  
Field Hockey  
Flag Football  
Football  
Golf  
Tennis  
Volleyball - Boys

#### Rugby 7's

(to become an official ROPSSAA Sport next Fall Season)

### ROPSSAA Sports

#### Winter

Alpine Skiing  
Basketball – Boys  
Curling  
Hockey – Boys  
Hockey – Girls  
Nordic Skiing  
Special Event Basketball  
Special Event Bowling  
Swimming  
Table Tennis  
Volleyball – Girls  
Wrestling

#### Spring

Archery  
Badminton  
Baseball  
Cricket  
Fastpitch Softball  
Lacrosse – Boys  
Lacrosse – Girls  
Rugby  
Slopitch Softball  
Soccer  
Special Event Track & Field  
Track & Field  
Ultimate Frisbee

Follow [@ROPSSAA](https://twitter.com/ROPSSAA) on Twitter and cheer on your local school!