



Issue 13

ROPSSAA NEWSLETTER

Region of Peel Secondary School Athletic Association

April 2020

Winter Sports Season

A warm welcome to everyone from The ROPSSAA Team. Our 2019-2020 Winter Season Newsletter is finally here! These are challenging times with COVID19 playing a vicious game. We will all follow the rules of the game with integrity and be victorious in the end. Yes, we shall overcome these troubled moments with brave hearts.

We were happy to receive the many success stories amid the current turmoil. Thank you!

Message from our ROPSSAA Chair

Good Spring Day Everyone:

ROPSSAA hopes that all is well with everyone and their families during these unprecedented times. This year has been one to remember for many reasons. ROPSSAA would like to take this time to thank everyone for their commitment to ROPSSAA Athletics. Whether as a coach, assistant coach, athletic contact, trainer, administrator, official or in any other capacity, THANK YOU. Your efforts, however big or small, make a difference every day in the lives of students. Participation in extra-curricular activities are often what students remember most about their high school experiences, therefore your efforts have an impact. An impact on student confidence, commitment, resilience, team work, responsibility, the ability to follow through, take appropriate risks and just to become good overall people, ready to be husbands, wives, partners, parents, mentors and positive contributors to society. Thank you for your overall efforts.

Hopefully by fall we can get back to doing what we all love to do. Coach, ref, help out with athletics. Please take time to ensure the well-being of you and your families is at the forefront of your minds. Sometime soon ROPSSAA athletics will be back and we look forward to seeing you on the fields, in gyms and at the arenas.

Enjoy the spring and summer. Be well and stay safe.

Paul Freier
Principal
Brampton Centennial Secondary School



Spring Season has been cancelled due to the current global pandemic of COVID-19.

Motions
for changes to the ROPSSAA
Constitution can be submitted in
writing to the Athletic Convenors by
May 1, 2020

Winter 2019-2020 Sports ROPSSAA Team Champions



Congratulations Champs!

Sport	Category		ROPSSAA Champion
Alpine Skiing	High School Girls		Cawthra Park S.S.
Alpine Skiing	High School Boys		Lorne Park S.S.
Alpine Skiing	Open Girls		Mayfield S.S.
Alpine Skiing	Open Boys		Port Credit S.S.
Alpine Skiing	High School Combined		Lorne Park S.S.
Basketball	Junior Boys	Division 1	St. Francis Xavier C.S.S.
Basketball	Junior Boys	Division 2	St. Augustine C.S.S.
Basketball	Senior Boys	Division 1	St. Marguerite d'Youville C.S.S.
Basketball	Senior Boys	Division 2	Castlebrooke S.S.
Basketball	A Boys		St. Paul C.S.S.
Basketball	AA Boys		Erindale S.S.
Curling	Senior Open Boys		Mississauga S.S.
Curling	Senior Open Girls		Cardinal Leger C.S.S.
Curling	Senior Novice Mixed		Mississauga S.S.
Curling	Senior Novice Boys		Mississauga S.S.
Curling	Senior Novice Girls		Mayfield S.S.
Curling	Junior Novice Mixed		St. Roch C.S.S.
Curling	Junior Novice Boys		Mayfield S.S.
Curling	Junior Novice Girls		St. Francis Xavier C.S.S.
Hockey	Senior Boys	Tier 1	St. Martin
Hockey	Senior Boys	Tier 2	Iona C.S.S.
Hockey	A/AA Boys		Robert F. Hall
Hockey	Senior Girls		St. Marcellinus C.S.S.

Winter 2019-2020 Sports ROPSSAA Team Champions



Congratulations Champs!

Sport	Category	ROPSSAA Champion
Nordic Skiing	Junior Boys	No Winner
Nordik Skiing	Junior Girls	Mayfield S.S.
Nordic Skiing	Junior Combined	No Winner
Nordic Skiing	Senior Girls	Lorne Park S.S.
Nordic Skiing	Senior Boys	Mayfield S.S.
Nordic Skiing	Senior Combined	Lorne Park
Special Events Bowling	Team Assisted	Parkholme School
Special Events Bowling	Team Unassisted	St. Augustine C.S.S.
Swimming	Junior Girls	Cawthra Park S.S.
Swimming	Senior Girls	John Fraser S.S.
Swimming	Junior Boys	John Fraser S.S.
Swimming	Senior Boys	St. Francis Xavier C.S.S.
Swimming	Overall Combined	John Fraser S.S.
Swimming	Open Combined	St. Aloysius C.S.S.
Table Tennis	Boys	John Fraser S.S.
Table Tennis	Girls	John Fraser S.S.
Volleyball	Junior Girls	John Fraser S.S.
Volleyball	Senior Girls	Tier 1 Streetsville S.S.
Volleyball	Senior Girls	Tier 2 Cawthra Park S.S.
Volleyball	AA Girls	Streetsville S.S.
Wrestling	Junior Boys	Stephen Lewis S.S.
Wrestling	Open Boys	Stephen Lewis S.S.
Wrestling	Junior Girls	Turner Fenton S.S.
Wrestling	Open Girls	Turner Fenton S.S.
Wrestling	Junior Overall	Turner Fenton S.S.
Wrestling	Open Overall	Turner Fenton S.S.



Winter Season 2019-2020 Championships

Congratulations to our winners!

Wrestling

This year we made history at St. Aloysius Gonzaga with a first ever OFSAA Gold medal in wrestling. Jackson Glasgow in his graduating year not only won the ROPSSAA Championship at 64kg but also won the OFSAA Championship at 64kg. He earned his spot at the OFSAA final by beating every opponent by technical superiority. He pinned his opponent in the final match to make history as the first person to win an OFSAA Gold medal here at our school. He is currently being scouted by many universities including McMaster, Guelph, and Lakehead. He will be moving onto one of these school's pursuing a degree in psychology.



The moment Jackson won his OFSAA final

Submitted by: Chris Camarata - St. Aloysius Gonzaga Catholic Secondary School

Swimming

Here is Nicolas Pereira winning gold in the Open Boys 100m Backstroke at OFSAA. Port Credit S.S. is so proud of him. He's a Grade 10 student devoting all of his free time to swimming. His dedication, enthusiasm and zest for the sport is admired by his peers. Nicolas maintains an over 80% average as well. His family are huge supporters of his ambition...which helps with his outcomes.



Nicolas Pereira at OFSAA



Nicolas with Port Credit's Swim Team at ROPSSAA

Submitted by: Jeff Schust, Principal - Port Credit Secondary School



Winter Season 2019-2020 Championships

Congratulations to our winners!

Senior Girls' Volleyball

"A Season to Remember"

This season the **Streetsville Senior Girls Volleyball Team** accomplished and achieved records like no other Volleyball Team in the school's history. These records include...

~undefeated record in **ROPSSAA** (13-0) including league and **AA** and **AAA** playoffs

~record including tournaments was **42 matches won**, 2 splits and 2 losses.

~Won Gold @ Joan of Arc Tournament, Gold @ Streetsville Secondary Tournament, Gold @ Sir Winston Churchill Tournament

~Won AA ROPSSAA and AAA ROPSAA Gold Medals *****

This AA school was able to not only go undefeated in the AAA Tier 1 League, they also represented Peel in the **AA OFSAA Championships in Kingsville** in March and brought home the Gold Medal only dropping one set for the entire OFSAA Tournament. To be declared the **best AA Team in all of Ontario** is a major accomplishment. The team's coaches Caren Young and Dan Dawson are so proud of the teamwork, grit, leadership and skill shown by these players. This group has worked hard over the last four years, continually improving their standings at OFSAA. This was Streetsville's year to achieve success despite the rotating teacher strikes and the Covid-19 pandemic. Against all these odds, this great bunch of athletes believed in and bought into a vision their coaches shared with them four years ago.



Streetsville Secondary Senior Girls' Volleyball Team 2019-2020

Submitted by: Caren Young - Streetsville Secondary School

Winter 2019-2020 Season Success

Senior Boys Basketball

The St. Paul Senior Boys Basketball team had its most successful season in school history. The team compiled an overall record of 29 wins and 4 losses. The record included an undefeated regular season and its first ever Boys ROPSSAA A Championship. In November, the Wolverines became tournament champions of the Seneca College invitational. The team also made semi final appearances in both the University of Western and All Catholic tournaments. St. Paul concluded its season participating in the OFSAA A Basketball Championships in North Bay. At that tournament, the team went on to win a silver medal.



St. Paul Boys Basketball 2019-2020

*Submitted by: Vince Galli
St. Paul Catholic Secondary School*

Senior Boys Basketball

The d'Youville Basketball program won their 6th Senior ROPSSAA Championship this past season. With limited coaches this season and the loss of nine players to prep school and five to graduation the school had to make a Varsity team. With only 3 senior aged players the team was able to win an amazing 33 games in a row after losing their first game of the season! The team also won an amazing five tournaments out of the six that they entered. The team started 3 Junior aged players and relied heavily on their contribution. The team exemplified hard work, dedication, academic success and accountability all season. The team finished with 35 wins and only 2 losses, losing in the final minute of the AAA OFSAA quarter-final, it was certainly a devastating loss. Coaches Zoff and Barrett would like to thank the team for an amazing season and maybe we can do it again next year! Stay Healthy and Happy Everyone.

*Submitted by: Carlo Zoffranieri
St. Marguerite d'Youville Catholic Secondary School*



Winter 2019-2020 Season Success Story

Swimming

The John Fraser Jaguars Swim Team has enjoyed an incredibly successful ROPSSAA and post-ROPSSAA season - the most successful season in Jaguars swimming history. The team took home 3 ROPSSAA championship trophies - Junior Boys, Senior Girls, and Overall Team. The team won a total of 51 medals and awards including 14 gold medals, 6 silver medals, and 7 bronze medals. Team member, Christian Florea, set a ROPSSAA record in the Open Boys 200m Freestyle. The post-ROPSSAA season was also successful for the Jaguars with 16 swimmers representing John Fraser at the OFSAA competition. The team earned 2 Gold medals, 2 silver medals, and a bronze medal as well as had a number of swimmers place in finals. The Jaguars OFSAA Swim Team also won the Junior Boys Champion banner - the first OFSAA banner in any sport for John Fraser - and placed 10th overall at OFSAA, with the Senior Girls team placing 5th in their division. Coaches Kowalczewski, Bamford, Scamurra, Cooper, and past coaches Smiley and Mackenzie are incredibly proud of the team - the hard work and dedication of the team definitely paid off. #GoJags



Submitted by: Heather Bamford - John Fraser Secondary School

Winter 2019-2020 Season Success Story

Wrestling

The Leger Lancers Wrestling Team had an incredible year competing at different schools in the Region of Peel. Hard work and dedication paid off. The entire team continuously showed great comradery toward their teammates and their opponents throughout the season, and managed to find ways of balancing their studies and their training, rarely missing practices on the mat.

At Jr. ROPSSAA, first year rookies Eva Von Friedl came in 5th place at 51kg and Hermida Oderinwale came in 2nd place at 77kg. Anne Bagnato came in 2nd place at 47.5kg and 6th place at Sr. ROPSSAA. In the Boys Division, Stuart Glover got 3rd place in 41kg and Aira Maniquiz came in 2nd in 89kg. It was phenomenal to see so many Juniors advancing to Senior ROPSSAA this year, a testament to their great commitment. Macy Malysiak, our Team Captain, came in 1st place in Girl's 57.5kg, winning many of her matches in record breaking time. Hermida Oderinwale came in 5th place at Girls' 77kg and Fernando Ramos came in 6th in Boys' 64kg. This was certainly an incredible season for this new team and a great experience. There has been substantial growth in these student athletes. Your coach is very proud!



Submitted by: Marco Mesquita - Cardinal Leger Catholic Secondary School

Curling

This year we are very appreciative of the expansion of the league to include novice boys and girls teams at the senior level. The expansion of the league enabled us to run extra teams to support the high numbers of students who showed up for try-outs. We have never run 3 teams, but we were able to this year, with 2 making it to semi-finals!

*Submitted by: Susan Miller
Bramalea Secondary School*



Winter 2019-2020 Season Success

Girls' Volleyball

The Team That Almost Wasn'ts

"Cabot Plays Volleyball." This has been our tag line for the past 2 seasons that was somewhat of a running joke. Mostly because the girls of John Cabot almost *didn't* play volleyball.

With a handful of desperate-to-play seniors last year but no available coaches, it didn't look promising that Cabot would have a girls' volleyball team. However, at the 11th hour, these determined students were able to find 3 coaches in a guidance counsellor (Head Coach S. Renn), business teacher (L. Marcantonio) and CYW (K. Mann). With 1 day for tryouts and a week to prepare, the season began.

Due to limited resources, our Senior Girls Volleyball team was actually a Varsity team, with several grade 9 starters. The team went undefeated during the regular season, finishing 1st place in our Division and making it to the Semi-Finals. No one was more surprised than this group.

This year began with great anticipation. Our team continued to be a Varsity team, with diverse athletic talent in basketball, softball, table tennis and soccer. Not a Rep volleyball player amongst them, but a committed group of athletes who played from the heart!

From our starting lineup, to those subbing in from the bench, this was a Dream Team of caring and dedicated young women who supported each other on and off the court. Whether to celebrate Sophia S's unbelievable come-from-behind 12 point serving streak that won the game, or to support Roxine G. when she lost her contacts in the middle of a set and then continue to play by "feel," or the eruption of excitement when our most quiet and unassuming player Azaria R. made a monster stuff block that changed the momentum of game, they rallied together and always shared their support.

This year's record: One loss during regular season, Champions at *both* the Junior and Senior Tournaments, 1st place finish in our Division and ROPSSAA Finalists. While the Championship game didn't yield the result that had been hoped for, the girls went out in style. Always beginning with a prayer and ending with the team chant that has yet to be rivalled, these girls have so much to celebrate.

Many thanks to all members of this team including our tenacious captain Farrah C. (grade 12) and starting lineup: Our fiercely talented Iris F., Roxine G. and Samantha F. (grade 11s); our amazingly steadfast setter Amanda D. (grade 10) and powerhouse "too much pasta" Laura P. (grade 10). Rounding out the depth on our "Dream Team" was Sophia S. (grade 12), Farah F. (grade 11), Azaria R., Oghomwen N.W., Zuzanna M. and Olivia K. (grade 10s), and newest members Jude A., Mercedes G. and Sarah W. (grade 9s).

Special thanks to our team Manager Hazel J. (grade 11) who kept spirits high and brought her positive energy and support to the bench every game.

We might be a smaller school with only 700 students, but Cabot has a whole lot of heart. We couldn't be prouder of this team and can't wait to see what next year has in store because Cabot Plays Volleyball!

Submitted by: Simone Renn - John Cabot Catholic Secondary School



John Cabot Girls' Volleyball Team 2020

Winter 2019-2020 Season Success Story

Senior Boys Basketball

Our senior boys basketball team won the ROPSSAA AA championship game and qualified for AA OFSAA for the first time in the school's history by defeating Mentor College 70-45.

*Submitted by: Stephen Williams
Erindale Secondary School*



Erindale Senior Boys Basketball Team

A poem to inspire you!

In the Time of Pandemic

And the people stayed home.

And they read books, and listened, and rested, and exercised, and made art,
and played games, and learned new ways of being, and were still.

And they listened more deeply. Some meditated, some prayed, some danced.

Some met their shadows. And the people began to think differently.

And the people healed.

And, in the absence of people living in ignorant, dangerous, mindless, and
heartless ways, the earth began to heal.

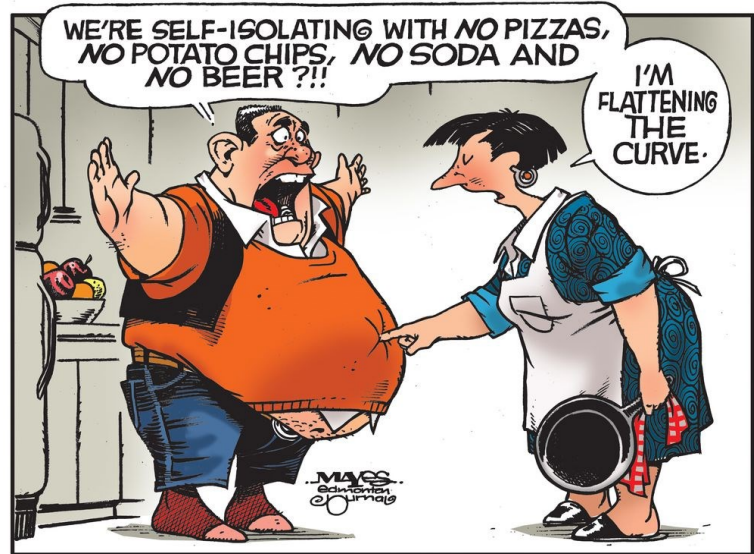
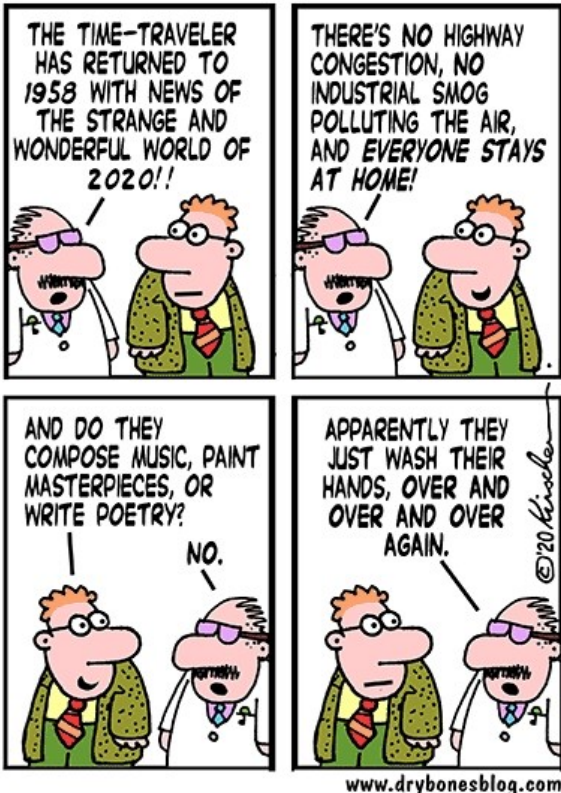
And when the danger passed, and the people joined together again, they
grieved their losses, and made new choices, and dreamed new images, and
created new ways to live and heal the earth fully, as they had been healed.

—Kitty O'Meara

Humour

Dry Bones

THE TIME TRAVELER



About ROPSSAA

ROPSSAA is a member of the Ontario Federation of School Athletic Associations (OFSAA).

ROPSSAA has 74 member schools and coordinates 35 sports across three sport seasons, Fall, Winter and Spring.

We are on the web!

<http://www.ropssaa.org/>

<http://www.ofsaa.on.ca/>

ROPSSAA Sports

Fall

Basketball – Girls
Bocce
Cross Country Running
Field Hockey
Flag Football
Football
Golf
Rugby 7's
Tennis
Volleyball - Boys

Winter

Alpine Skiing
Basketball – Boys
Curling
Hockey – Boys
Hockey – Girls
Nordic Skiing
Special Event Basketball
Special Event Bowling
Swimming
Table Tennis
Volleyball – Girls
Wrestling

Spring

Archery
Badminton
Baseball
Cricket
Fastpitch Softball
Lacrosse – Boys
Lacrosse – Girls
Rugby 15's
Slopitch Softball
Soccer
Special Event Track & Field
Track & Field
Ultimate Frisbee