



Issue 15

ROPSSAA NEWSLETTER

Region of Peel Secondary School Athletic Association

June 2022

Winter-Spring Sports Season

A warm welcome to our readers from the ROPSSAA Team.

The diminishing challenges of Covid-19 linger in the atmosphere, and our student athletes, coaches, athletic contacts, athletic convenors, ROPSSAA Council members and all other supporters continue to bear these challenges with positivity.

Unfortunately some sports did not happen this Winter Season which include Swimming and Wrestling. We are happy to mention that most of our Spring Season sports were on, and we look forward to the running of all sports in the 2022-2023 school year. Congratulations to our student athletes who made it to OFSAA this Spring Season!

We are having this combined Winter Season and Spring Season newsletter due to the irregularity of sports this year. We are happy to include a few success stories in this issue. Thank you coaches!

A special thank you to departing Council Members for their time and commitment to Athletics.

Dan Compagnon – Dufferin Peel Principal Representative
Sean McCabe – Boys OFSAA Representative
Erica Dugas – Dufferin Peel
TJ Sprickerhoff – Peel
Jess Turi – Dufferin Peel



New Council Members for 2022-2023 School Year

Amir Morgan – Dufferin Peel
George Kalaouzis – Dufferin Peel
Gord Gallimore – Peel
Jason Pratt – Dufferin Peel Principal Representative

Boys OFSAA Representative role will be taken over by Andrew Nahirniak

AGM

ROPSSAA Annual General Meeting

Thursday, June 23, 2022

Winter 2021-2022 Sports ROPSSAA Team Champions



Congratulations Champs!

Sport	Category		ROPSSAA Champion
Alpine Skiing	High School Girls		Mentor College
Alpine Skiing	High School Boys		Mentor College
Alpine Skiing	Open Girls		Cawthra Park S.S.
Alpine Skiing	Open Boys		Mentor College
Alpine Skiing	High School Combined		Mentor College
Basketball	Junior Boys	Division 1	St. Martin C.S.S.
Basketball	Senior Boys	Division 1	St. Thomas Aquinas C.S.S.
Basketball	Senior Boys	Division 2	Louise Arbour S.S.
Curling	Senior Novice Girls		St. Francis Xavier C.S.S.
Curling	Senior Open Boys		Port Credit S.S.
Curling	Senior Open Girls		Cardinal Leger C.S.S.
Curling	Senior Novice Mixed		St. Martin C.S.S.
Hockey	Boys		Humberview S.S.
Hockey	Girls		St. Martin C.S.S.
Table Tennis	Boys		John Fraser S.S.
Table Tennis	Girls		John Fraser S.S.
Volleyball	Junior Girls		John Fraser S.S.
Volleyball	Senior Girls	Tier 1	St. Marcellinus C.S.S.
Volleyball	Senior Girls	Tier 2	St. Martin C.S.S.

Spring 2021-2022 Sports ROPSSAA Team Champions



Sport	Level	ROPSSAA Champion
Archery	Boys' Recurve Class	Streetsville S.S.
Archery	Girls' Recurve Class	Streetsville S.S.
Archery	Boys' Standard Class	Mentor College
Archery	Girls' Standard Class	Streetsville S.S.
Badminton	Junior Boys	Mentor College
Badminton	Junior Girls	St. Marcellinus C.S.S.
Badminton	Senior	John Fraser S.S.
Baseball	Varsity Boys Tier 1	St. Aloysius Gonzaga C.S.S.
Baseball	Varsity Boys Tier 2	Mayfield S.S.
Cricket	Junior Boys	North Park S.S.
Cricket	Senior Boys	Stephen Lewis S.S.
Lacrosse	Boys	Port Credit S.S.
Lacrosse	Girls	Lorne Park S.S.
Rugby	Junior Boys	Lorne Park S.S.
Rugby	Junior Girls	Streetsville S.S.
Rugby	Senior Boys Tier 1	Lorne Park S.S.
Rugby	Senior Girls Tier 1	Mayfield S.S.
Rugby	Senior Girls Tier 2	Robert Hall
Slo-Pitch	Varsity Girls Tier 1	Streetsville S.S.
Slo-Pitch	Varsity Girls Tier 2	Lorne Park S.S.
Soccer	Junior Boys	St. Roch C.S.S.
Soccer	Senior Boys Tier 1	St. Martin C.S.S.
Soccer	Senior Boys Tier 2	Harold Brathwaite S.S.
Soccer	Junior Girls	Robert Hall C.S.S.

Spring 2021-2022 Sports ROPSSAA Team Champions



Sport	Level	ROPSSAA Champion
Soccer	Senior Girls Tier 1	St. Martin C.S.S.
Soccer	Senior Girls Tier 2	Mayfield S.S.
Soccer	A Senior Boys	St. Paul C.S.S.
Soccer	AA Senior Boys	Philopateer Christian College
Soccer	A Senior Girls	St. Paul C.S.S.
Soccer	AA Senior Girls	Lorne Park S.S.
S.E. Track and Field	Boys Small School	Our Lady of Mount Carmel C.S.S.
S.E. Track and Field	Girls Small School	Father Goetz C.S.S.
S.E. Track and Field	Overall Small School	Father Goetz C.S.S.
S.E. Track and Field	Boys Medium School	St. Augustine C.S.S.
S.E. Track and Field	Girls Medium School	St. Augustine C.S.S.
S.E. Track and Field	Overall Medium School	St. Augustine C.S.S.
S.E. Track and Field	Boys Large School	Parkholme
S.E. Track and Field	Girls Large School	West Credit S.S.
S.E. Track and Field	Overall Large School	West Credit S.S.
Tennis	Senior Boys	Port Credit S.S.
Tennis	Senior Girls	Glenforest S.S.
Track & Field	Novice Girls	Our Lady of Mount Carmel C.S.S.
Track & Field	Junior Girls	St. Marcellinus C.S.S.
Track & Field	Senior Girls	St. Marcellinus C.S.S.
Track & Field	Open Girls	Our Lady of Mount Carmel C.S.S.
Track & Field	Novice Boys	St. Marcellinus C.S.S.
Track & Field	Junior Boys	St. Edmund Campion C.S.S.
Track & Field	Senior Boys	St. Marcellinus C.S.S.
Track & Field	Open Boys	St. Marcellinus C.S.S.
Track & Field	Overall Girls	St. Marcellinus C.S.S.
Track & Field	Overall Boys	St. Marcellinus C.S.S.
Track & Field	Overall Combined Team	St. Marcellinus C.S.S.
Ultimate Frisbee		Humberview S.S.

OFSAA Spring 2022 Championships!

Congratulations to our OFSAA Winners!

BADMINTON

Mens Singles A Flight
Gold - Central Peel S.S.

Mix Doubles A Flight
Gold - John Fraser S.S.

Womens Singles C Flight
Silver - Brampton Christian Academy

RUGBY - GIRLS' AAA

Gold Medalists – Mayfield S.S.

SOCCER - BOYS' AAA

Bronze Medalists – St. Martin C.S.S.

SOCCER - GIRLS' AAA

Bronze Medalists – St. Martin C.S.S.

GIRLS' SINGLES HIGH SCHOOL TENNIS

Gold Medalist - St. Marcellinus C.S.S.

TRACK AND FIELD

Senior Boys 4x100 Meter Relay	Bronze	St. Edmund Campion C.S.S.
Junior Girls 4x100 Meter Relay	Gold	St. Roch C.S.S.
Novice Boys 4x100 Meter Relay	Gold	St. Marguerite D'Youville C.S.S.
Senior Girls 1500 Meter	Bronze	John Fraser S.S.
Junior Girls 400 Meter	Gold	St. Roch C.S.S.
Senior Boys 100 Meter	Gold	St. Thomas Aquinas C.S.S.
Senior Boys 100 Meter	Bronze	St. Joan of Arc C.S.S.
Novice Boys 100 Meter	Silver	St. Marguerite D'Youville C.S.S.
Novice Girls 100 Meter	Silver	St. Aloysius Gonzaga C.S.S.
Senior Girls Long Jump	Gold	St. Edmund Campion C.S.S.
Senior Girls Long Jump	Bronze	St. Roch C.S.S.
Senior Girls Pole Vault	Silver	Mentor College
Senior Girls Triple Jump	Silver	Turner Fenton S.S.
Senior Girls High Jump	Silver	St. Marguerite D'Youville C.S.S.
Novice Girls Pole Vault	Gold	Humberview S.S.

Winter 2021-2022 Season Success

Junior Boys Basketball

St. Martin Junior Boys Basketball

The Boys Basketball season was filled with uncertainty: ever-changing protocols, postponements, and threats of cancellation. With two years away from basketball and hope for a season waning, our boys remained resilient and ready to play their first season of high school basketball. Once restrictions were lifted the season was fast and furious and the boys had to quickly acclimate to the expectations and culture of the St. Martin Basketball program. With every practice and game the boys exhibited growth and began to realize their potential. The boys finished the season with a perfect 6 – 0 record and earned the # 1 seed. The boys defeated Robert F. Hall in the quarter-finals and St. Roch in the semi-finals. In the finals, in front of a roaring home crowd, the boys faced St. Marguerite d'Youville who held an 11 point lead with 3:12 left in the game. The boys put their resilience and resolve on display making an incredible 15 – 0 run to end the game and capture the 2022 Junior Boys ROPSSAA Championship 66 – 63! It was a complete team effort with Nathan Underwood scoring 17 points, Kent Lingat 14 points, Richmond Mbanugo 14 points, and Jayden Pittiman with 12 points. Coaches Nañes, Marasovic, Patterson, and Pilgram are extremely proud of how the boys conducted themselves on and off the court and how they put the Mustang Way on full display! #WeAreStMartin #MustangFamily #BuiltDifferent



2021-2022 Junior Boys ROPSSAA Champions

Laurence Aurelio Kahiem Bailey-Whitfield Malique Bartley (Co-captain) Noah Doucette Christian King	Kent Lingat (Co-captain) Richmond Mbanugo Ramses Osafo Jahsemiah O'Neil Jayden Pittiman	Jesse Quintos Kymani Small Nathan Underwood
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Submitted by: Howard Nanes, St. Martin Catholic Secondary School

Spring 2021-2022 Season Success

Rugby

Mayfield Mavericks Rugby wins OFSAA Gold!

School sports help to build character and bind individuals to a common goal. The skills developed by the athletes through participating on a high school team stay with them for the rest of their lives - so do the memories. That's why the absence of school sports over the past few years has been so difficult.

Three months ago the Mayfield girls rugby team got together with one goal in mind: to defend the OFSAA gold medal they won in 2019. Only, after being away from athletics because of Covid, even the prospect of having a team, let alone a junior and senior team, seemed improbable. Not to mention the fact that they would technically only have one returning player from that championship team.



With a handful of athletes with rugby experience, and a large group of girls, although keen and athletic, wholly uninitiated to the physical demands of the sport, set out on that daunting but unlikely goal.

After weeks of practice, in all matter of conditions that spring in Ontario holds, the girls started their season with an exhibition game with Humberview. With a strong initiation to the sport it was obvious there was a fire ignited within them. They would roll through their regular ROPSSAA season gaining confidence with every tackle, ruck and scrum.

The girls learned a lot about themselves as individuals, athletes and teammates - rugby players - as they faced the difficult task of winning their pool at the Centennial Cup in Guelph, and a ROPSSAA final played at home. That was all the strength they needed to take to face the best schools in Ontario at the OFSAA finals hosted in Waterloo.

There are so many factors that make the OFSAA tournament so difficult to win: the quality of players, coaches and programs, the physicality and sheer number of games you need to play, the travel, distractions, being away from home - the heat.

The Mayfield Mavericks would show tremendous determination, focus, and composure to win their games - none of them easy and all with myriad challenges. They persevered through the heat, through the demand on their bodies, the stress and fatigue, to do what they had set out to do remarkably only a few months prior - to win OFSAA, but in doing so they would accomplished so much more than that: The Mayfield Girls Rugby team won OFSAA gold the only way they could have - together.

Coaches Wiwchar, Ireland, Theo, Tutty and Manning are so proud of what all the girls, regardless of their role on the team, accomplished this year in spite of everything stacked against them. They are looking forward to working with all those girls coming back next year and would like to send our best wishes to those graduating players.

Submitted by: David Wiwchar, Mayfield Secondary School

Winter 2021-2022 Season Success

Curling

Our Leger Senior Open Girls curling team had an amazingly successful season. While some of the team members had experience curling from their grade 9 or 10 year, we also had members learning to curl for the first time. The girls came together with great team spirit, sharing many laughs and learning a lot about curling. Although lowest in standings entering the playoffs, they battled against highly skilled teams in the semi-finals and finals to win ROPSSAA Gold! Our Leger Senior Open Boys curling team also competed in the ROPSSAA finals, holding their own in a highly contested game, achieving ROPSSAA silver! We are so proud of both teams and delighted to bring home a ROPSSAA Curling Championship trophy again! Legendary Lancer curlers.... we are so proud of your accomplishments!



Submitted by: Anne Hocevar, Cardinal Leger Catholic Secondary School

Spring 2021-2022 Season Success

Varsity Girls Slo-Pitch

Streetsville Secondary School's Varsity Girls Slo Pitch Tier 1 ROPSSAA Champions

Essentially this team started to form as early as September 2018. A group of Grade 9 students were eagerly seeking out a teacher to coach a Girls Softball Team and when they approached me, among many other teachers, they were told that they were either already over-committed to coaching teams or didn't know enough about softball. I saw the fire and desire and since they didn't back down from their commitment and eagerness during their Grade 10 year, I promised them that I would coach the team that season. That season would unfortunately begin April 2020, and let's just say other things were happening in the world that prevented softball. Again, there were no sports



for their 2021 Grade 11 season, so this year was their last chance to play. The girls anxiously waited out all the fall and winter seasons hoping sports would still be allowed and after March break this year finally had an official team meeting that they had been waiting on for four years.

As coaches we recognized during our first practice that we were going to have a good team. Many of these eager, experienced seniors made an incredibly solid defensive infield meaning there were only a few gaps in the roster that needed filling and it wasn't going to be hard to do so. We found outfielders who improved each practice at tracking pop-flies and didn't let one fall during the playoffs, a natural pitcher who could consistently throw strikes and rarely walked a batter all season. A bunch of utility players who could be subbed into any position at any point in time, happy to help out the team. And a few junior players who made huge contributions including a key hit in the bottom of the sixth during the finals to give us some insurance going into the final inning.

While our athleticism, experience and eagerness were huge factors leading to why we won this season, they were not the reasons why this may be one of the best teams we will ever coach. Every player, whether experienced or brand new to the sport, listened to instructions, cheered each other on and were fantastic team players. So, we would like to congratulate and thank our graduates Annik, Sonia, Hilary, Madison, Sydney, Zoe, Jaime and Mikayla for making this season happen as well as our players returning next year Shannon, Kat, Emily, Monica, Tiana, Abby and Surya for an incredible undefeated championship season.

Submitted by: Coaches Ian Chalmers & Wollaston, Streetsville Secondary School

Spring 2021-2022 Season Success

Cricket

2022 ROPSSAA Spring Season Success Story - Stephen Lewis Cricket

Meet the Varsity Boys Cricket team from Stephen Lewis Secondary School! After two long covid impacting years, the boys were excited to get to play the game they die for! Stephen Lewis won this year's ROPSSAA title in a nail-biting final against an excellent Jean Augustine 60-61 - it came down to the last ball of the final over. Stephen Lewis last won this championship in 2018-2019, making it back-to-back years leading back to the pre-covid era!

The Lynx put an enormous effort this year with daily practices and overcame challenges with their trust in each other. Their hard work and dedication to the game and each other have shown to pay off. In the outdoor season, Stephen Lewis was also able to succeed in the Mississauga division organized by the OSCA.



2022 ROPSSAA Cricket Champions! **Students:** Ibrahim Qureshi, Rahul Rajeev, Raza Janjua, Rayan Qadri, Emad Khan, Pratham Shroff, Ibrahim Khan, Jawad Syed, Muhammad Hussain, Ali Hamza, Abhinav Dixit, Ayaan Sarfraz, Abdul Muqet.

Submitted by: Manager: Purav Shah. Coach: Rohit Malhotra

Rollercoaster By JASMINE GARDOSI

This pandemic? Absolute rollercoaster.
Wild. But I'm *trying* to carry on as normal now.
That's what everyone else seems to be doing.
And I *should* be grateful we've got our freedom back.
Look at the direction we're going in –
on the up.
Finally emerging into the light,
back out there. In the real world.
Yeah, my social skills have gone off the rails but...
I'm getting them back on track.
We've turned a corner – in a good way.

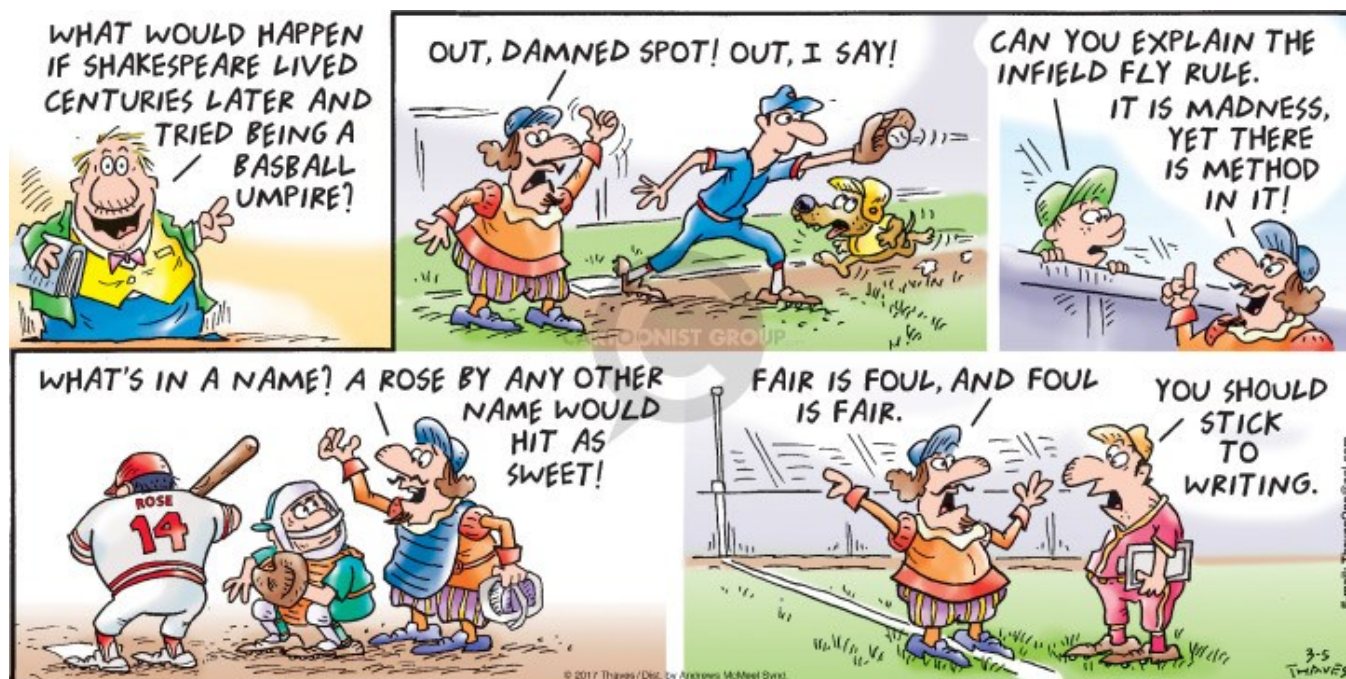
I've *loved* going back to sweaty gigs
and sitting on trains full of people
and shaking hands with absolute strangers
and coughing *once* and thinking it's COVID.
The path forward is clear... *so* clear.
We've done the hard work,
so shouldn't it be downhill from here?
See? Everything's *fiine*.
It's going smoothly.
I've found my rhythm.
I'm in control.
We've taken a turn for the better
and then for the worse
and then for the better
and then for the...

Why does it feel like we're going backwards,
and round in circles at the same time?
Okay, you want the truth? I'm still terrified.
I freak out in crowded places.
I can't tell where my OCD ends,
and 'acceptable' COVID anxiety begins.
I'm afraid so I stay home, I lay low, I say no.
No matter what's happening with the number of cases
we're still riding through our own waves,
like my shielding friends; they're still isolated.

We're on the same coaster – different carts.
Same play – different parts.
Same storm – different boats,
holding different floats,
wearing different coats.

Just do whatever makes you feel safe.
It's more than okay to go at your pace.
We've still come so far
even if we're technically in the same place.

Humour



Have a Great Summer!
Keep Healthy & Happy!



About ROPSSAA

ROPSSAA is a member of the Ontario Federation of School Athletic Associations (OFSAA).

ROPSSAA has 72 member schools and coordinates 35 sports across three sport seasons, Fall, Winter and Spring.

We are on the web!

<http://www.ropssaa.org/>

<http://www.ofsaa.on.ca/>

ROPSSAA Sports

Fall

Basketball – Girls
Bocce
Cross Country Running
Field Hockey
Flag Football
Football
Golf
Rugby 7's
Tennis
Volleyball - Boys

Winter

Alpine Skiing
Basketball – Boys
Curling
Hockey – Boys
Hockey – Girls
Nordic Skiing
Special Event Basketball
Special Event Bowling
Swimming
Table Tennis
Volleyball – Girls
Wrestling

Spring

Archery
Badminton
Baseball
Cricket
Fastpitch Softball
Lacrosse – Boys
Lacrosse – Girls
Rugby 15's
Slopitch Softball
Soccer
Special Event Track & Field
Track & Field
Ultimate Frisbee