

## Bocce



## Assessment Breakdown

## SET-UP REQUIREMENTS

Equipment: An open-field space, a pallina, and two bocce balls per player participating.

## TEST DESCRIPTION

Each player will play three "sets" consisting of two throws each. For the first set, the pallina (white target ball) will be placed at a 30 ft . distance from the foul line. Each player participating will then make two throws as close as possible to the pallina. A volunteer will then record the distance from the pallina of both throws in CMs. The same process will be repeated at a 40 ft . distance (set 2) and a 50ft. distance (set 3), for a total of six throws.

All measurements in CMs are to be recorded on the bocce skills assessment scoring excel sheet provided. If a player steps over the foul line during a throw, the measurement will not be taken, and he/she will be allowed to repeat the throw without penalty.

## SCORING

All measurements will be recorded in CMs on the provided bocce assessment scoring sheet to generate an average distance.

